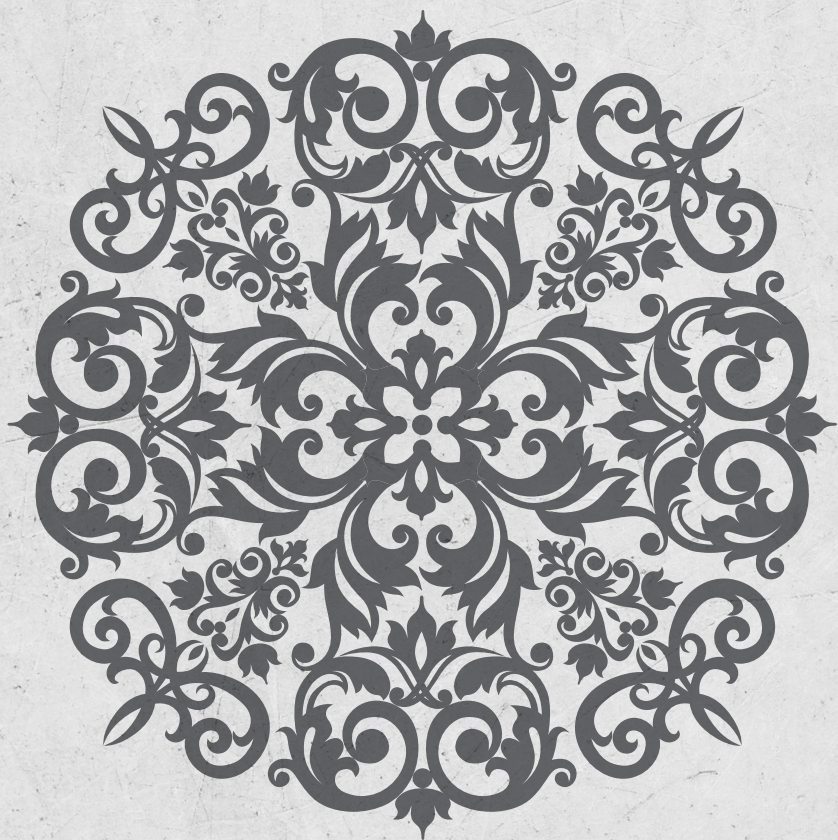


mandala

BEACH BAR & RESTAURANT



Food Menu

Establiment  **L'EXQUISIT**
adherit méditerrané

#theunexpectedbeachbar

COLD TAPAS

Assorted cheese platter	14,00€
<i>Cebo de campo</i> Iberian ham platter	22,00€
Prawn carpaccio with mint and pink peppercorns	14,00€
Organic tomatoes with anchovies from Cantabria (only in season)	13,50€
Russian salad	8,50€
Whitebait in vinegar	9,00€
Wagyu Beef carpaccio with Parmesan cheese	15,00€
Red tuna tartar served with avocado and mango	16,50€

HOT TAPAS

Calamari fried in flour	19,00€
Grilled calamari	19,00€
Fried whitebait (only in season)	12,00€
Grilled sardines (only in season)	10,00€
Prawns with garlic oil sauce	14,00€
Grilled cuttlefish	13,00€
Cuttlefish fried in flour	13,00€
Deep fried baby squid	12,00€
Mandala octopus	17,00€
Steamed mussels	13,00€
Breaded king prawns with chutney sauce	14,00€
Chicken skewers with honey and mustard sauce	11,50€
Homemade chips with fried eggs and Iberian ham	14,00€
Spicy potatoes	8,50€
Aubergine bake with parmesan	9,50€
Homemade meatballs	10,50€
Chicken wings	8,50€

Fish products that are served raw or cold have been frozen at -20°C for at least 24 hours

V.A.T Included

Ham croquet	2,70€
Prawn croquet	2,70€
Chorizo croquet	2,50€
Black pudding croquet	2,50€
Aubergine croquet	2,50€

BREAD *One portion*

Beaked bread with garlic mayo	2,00€
Plain bread	1,50€
Gluten free bread	2,00€

SNACKS

Crispy onion rings	8,50€
Mandala skin on fries	5,50€
Sweet potatoes	6,00€

MEAT & FISH

Chicken fillet “a l’orange”	15,50€
Argentinian Angus entrecote	24,50€
Delicious fillet of seabass	19,50€
Salmon	19,50€

PASTA

Spaghetti Pepatti	16,00€
Clams, mussels, prawns, cherry tomatoes and pepper	
Spaghetti Bolognese	12,00€
Lasagna Bolognese	12,00€

SALADS

Mezclum 11,00€

Lettuce, apple, cherry tomatoes, walnuts and fried leeks, served with mustard dressing

Caesar's 13,00€

Lettuce, bacon, chicken (breaded or grilled), anchovies, Parmesan cheese and croutons, served with Caesar dressing

Spinach 11,00€

Spinach, cherry tomatoes, Parmesan cheese, bacon, raisins and pine nuts served with honey dressing

Caprese (only in season) 13,00€

Tomato, mozzarella, confit onion with fresh basil

Gourmet Mandala 14,00€

Lettuce, cherry tomatoes, walnuts cucumber, fruit and goat cheese with Modena vinegar reduction

Marrakech 13,00€

Bed of couscous with cucumber, cherry tomatoes, orange, raisins, cottage cheese and mint, served with honey dressing

Tradicional (only in season) 12,50€

Tomato, onion and dried fish, served with extra virgin olive oil

Salmon 13,50€

Lettuce, smoked salmon, avocado and apple, served with Greek yoghurt and dill

Tomato, anchovies and cottage cheese 13,00€

(only in season)

Tomato, anchovies from Cantabria and cottage cheese

PAELLAS

Minimum two orders, price per person (45min)

Paella with pork and vegetables 16,00€
Pork and seasonal vegetables

Arròs or fideuà del senyoret 16,00€
Baby squid, cuttlefish, monkfish, mussels and peeled prawns

Traditional paella 15,50€
Chicken, green beans and butter beans

Mixed paella 16,00€
Chicken, monkfish, baby squid, vegetables, prawns, mussels and crayfish

Fideuà del pescador 16,00€
Monkfish, baby squid and cuttlefish with short noodle

Seafood fideuà 17,00€
Monkfish, baby squid, cuttlefish, mussels, shrimps and crayfish

Black rice 16,00€
Baby squid, cuttlefish, monkfish and squid ink

Seafood paella 17,00€
Monkfish, baby squid, cuttlefish, mussels, prawns and crayfish

Arròs a banda 16,00€
Baby squid, cuttlefish and monkfish

Paella with seasonal vegetables 15,50€
Seasonal vegetables

BURGER

Including chips
With sweet potatoes +1,50€

Classic 12,00€
Beef burger, lettuce, tomato, red onion and mayonnaise

Cheese 12,50€
Classic with cheese

Mandala 13,00€
Beef burger, lettuce, tomato, red onion, cheese, bacon, egg and mayonnaise

Chicken 12,00€
100% chicken fillet, lettuce, tomato, red onion and mayonnaise

Veggie 11,00€
Vegetable burger, lettuce, tomato, red onion and mayonnaise

SANDWICHES

Including chips
With sweet potatoes +1,50€

The Club	14,00€
Chicken, lettuce, tomato, egg, bacon and mayonnaise	
BLT	9,50€
Bacon, lettuce, tomato and mayonnaise	
Vegetal	9,50€
Lettuce, tomato, sweetcorn, cheese, tuna, boiled egg and mayonnaise	
Vegano / Vegan	10,00€
Avocado, rocket salad, tomato and vegan mayonnaise	

MANDALA KIDS

Homemade chicken nuggets with chips	8,50€
Homemade hake dices with chips	8,50€
Spaghetti bolognese	8,00€
Jr. Burger (just meat and bread) and chips	10,50€



enjoy it :)