TIME	SUNDAY November 15th	MONDAY November 16th	TUESDAY November 17th	WEDNESDAY November 18th	THURSDAY November 19th	FRIDAY November 20th	SATURDAY November 21st
8:00 a.m.	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow
9:00 a.m.	Monkey Rock Archery	Chickadee Ridge Archery	Monkey Rock Archery	Monkey Rock Archery	Chickadee Ridge Archery	Monkey Rock Archery	Monkey Rock Archery
10:00 a.m.	Stretch and Relax	Stretch and Relax	Stretch and Relax	Roll and Release	Roll and Release	Stretch and Relax	Stretch and Relax
11:00 a.m.	Archery	Archery	Archery	Archery	Archery	Archery	Archery
12:00 p.m.	Mindful Forest Walk	Mindful Forest Walk	Mindful Forest Walk	Mindful Forest Walk	Mindful Forest Walk	Mindful Forest Walk	Mindful Forest Walk
1:00 p.m.	Archery	Soap & Bubbles 🐾 Monkey Rock Archery	Archery		Archery	Archery	Archery
2:00 p.m.	Flume Hike		Chickadee Ridge	Chickadee Ridge		Chickadee Ridge	Archery Flume Hike
3:00 p.m.	Burn & Brews 🐾	Archery	Archery	Archery Burn & Brews 🐾		Archery Apres in Pines 🐾	Apres in Pines 🐾
4:00 p.m.		Yoga Flow				Yoga Flow	Yoga Flow
5:00 p.m.							
6:00 p.m.		Trumpet Meditation				Sound Bath 🐾	Trumpet Meditation
7:00 p.m.		Sauna & Soul - 6:30pm-8:30pm 🐾					
8:00 p.m.							

SCAN TO LEARN MORE OR RESERVE YOUR NEXT ADVENTURE

OR VISIT THE ADVENTURE DESK IN MAIN LOBBY

TAHOE ADVENTURES ROOM LOCATED ON 4TH FLOOR

ARCADE & GAME ROOM OPEN 10:00 A.M. - 9:00 P.M.



The National Automobile Museum showcases one of the world's finest car collections, featuring historic vehicles, celebrity-owned classics, and immersive exhibits. Show your Hyatt Regency Lake Tahoe room key for $5 off the entrance fee.

Monday - Friday: 9:00a.m. - 5:00p.m.
Saturday - Sunday: 10:00a.m. - 4:00p.m.

www.AutoMuseum.org

NATIONAL AUTOMOBILE MUSEUM



IRON & WOOD INDOOR GOLF LINKS

Just steps from our resort, Iron & Wood offers a premier golfing experience. Practice your swing or enjoy friendly competition, rain or shine. Hyatt guests receive exclusive savings with code LTHYATTGOLF at booking.

ARCADE ROOM

Hop in the elevator, stop on the 4th floor and visit us in the arcade and game room.

Open Daily
10:00a.m. - 9:00p.m.

INCLINE VILLAGE RECREATION CENTER

Featuring a 25-yard indoor pool, gymnasium, fitness classes and much more!

InclineRecreation.com | 775.832.1310

Adults: $20 | **Seniors** 60+: $17 | **Youth**: $10
Kids 5 & under are free

ACTIVITY INFORMATION:

- Activities with a bear paw (🐾) indicate additional fees.
- All activities must be booked in advance.
- For activity meeting place, see activity description. If no location is mentioned, please meet at the Adventure Desk.
- All hikes require appropriate shoes, sunscreen & water bottles.
- Parents must accompany children under the age of 18.
- For additional questions, visit the Adventure Desk located in the main lobby or email: TahoeAdventures@hyatt.com