

TIME	SUNDAY March 15	MONDAY March 16	TUESDAY March 17	WEDNESDAY March 18	THURSDAY March 19	FRIDAY March 20	SATURDAY March 21
8:00 a.m.	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow
9:00 a.m.			Chickadee Ridge Hike (Age 12+)	Monkey Rock Hike	Chickadee Ridge Hike (Age 12+)	Monkey Rock Hike	Chickadee Ridge Hike (Age 12+)
10:00 a.m.	Monkey Rock Meditation Hike	Stretch & Relax	Stretch & Relax	Roll & Release		Stretch & Relax	Roll & Release
11:00 a.m.					Archery (Age 8+)	Archery (Age 8+)	Archery (Age 8+)
12:00 p.m.		Mindful Forest Walk	Mindful Forest Walk	Mindful Forest Walk Paint and Sip (Age 21+) 🐾		Mindful Forest Walk	Mindful Forest Walk Burns and Brews (Age 12+) 🐾
1:00 p.m.	Archery (Age 8+)	Archery (Age 8+)	Archery (Age 8+)	Archery (Age 8+)	Archery (Age 8+)	Paint and Sip (Age 21+) 🐾 Archery (Age 8+)	Archery (Age 8+) Après in the Pines (Age 21+) 🐾
2:00 p.m.	Lift & Resonate						
3:00 p.m.	Archery (Age 8+)	Trumpet Meditation Archery (Age 8+)		Archery (Age 8+) Art of Pasta 3pm-5pm	Archery (Age 8+)	Roll & Release Archery (Age 8+)	Trumpet Meditation Archery (Age 8+)
4:00 p.m.			Burns and Brews (Age 12+) 🐾	Après in the Pines (Age 21+) 🐾	Après in the Pines (Age 21+) 🐾	Après in the Pines (Age 21+) 🐾	Après in the Pines (Age 21+) 🐾
5:00 p.m.		Lift & Resonate				Breath & Be	Lift & Resonate
6:00 p.m.	Burns and Brews (Age 12+) 🐾	Moonlight in the Meadows (Age 12+) 🐾		Burns and Brews (Age 12+) 🐾	Moonlight in the Meadows (Age 12+) 🐾	Moonlight in the Meadows (Age 12+) 🐾	Moonlight in the Meadows (Age 12+) 🐾
7:00 p.m.		Movement of Music	 SCAN TO LEARN MORE OR RESERVE YOUR NEXT ADVENTURE OR VISIT THE ADVENTURE DESK IN MAIN LOBBY			Sound Bath 🐾	Movement of Music
8:00 p.m.							

TAHOE ADVENTURES ROOM LOCATED ON 4TH FLOOR

ARCADE & GAME ROOM OPEN 10:00 A.M. - 9:00 P.M.



NATIONAL AUTOMOBILE MUSEUM

The National Automobile Museum showcases one of the world's finest car collections, featuring historic vehicles, celebrity-owned classics, and immersive exhibits. Show your Hyatt Regency Lake Tahoe room key for \$5 off the entrance fee.

Monday - Friday: 9:00a.m. - 5:00p.m.
Saturday - Sunday: 10:00a.m. - 4:00p.m.

www.AutoMuseum.org



**IRON & WOOD
INDOOR GOLF LINKS**

Just steps from our resort, Iron & Wood offers a premier golfing experience. Practice your swing or enjoy friendly competition, rain or shine. Hyatt guests receive exclusive savings with code LTHYATTGOLF at booking.

ARCADE ROOM

Hop in the elevator, stop on the 4th floor and visit us in the arcade and game room.

**Open Daily
10:00a.m. - 9:00p.m.**

**INCLINE VILLAGE
RECREATION CENTER**

Featuring a 25-yard indoor pool, gymnasium, fitness classes and much more!
InclineRecreation.com | 775.832.1310
Adults: \$20 | Seniors 60+: \$17 | Youth: \$10
Kids 5 & under are free

ACTIVITY INFORMATION:

- Activities with a bear paw (🐾) indicate additional fees.
- All activities must be booked in advance.
- For activity meeting place, see activity description. If no location is mentioned, please meet at the Adventure Desk.
- All hikes require appropriate shoes, sunscreen & water bottles.
- Parents must accompany children under the age of 18.
- For additional questions, visit the Adventure Desk located in the main lobby or email: TahoeAdventures@hyatt.com