


TIME	SUNDAY April 19	MONDAY April 20	TUESDAY April 21	WEDNESDAY April 22	THURSDAY April 23	FRIDAY April 24	SATURDAY April 25
8:00 a.m.	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow
9:00 a.m.			Monkey Rock Hike		Chickadee Ridge Hike (Age 12+)	Flume Hike	Chickadee Ridge Hike (Age 12+)
10:00 a.m.	Mindful Forest Walk	Mindful Forest Walk	Mindful Forest Walk	Roll & Release	Roll & Release Jess	Stretch & Relax	Stretch & Relax Rachel
11:00 a.m.	Monkey Rock Mimosa (Age 21+) 🐾	Archery (Age 8+)		Archery (Age 8+)		Archery (Age 8+)	
12:00 p.m.	Lift & Resonate			Mindful Forest Walk	Mindful Forest Walk Mountainside Margaritas (Age 21+) 🐾	Mindful Forest Walk	Mindful Forest Walk
1:00 p.m.		Hatchet Throwing (Age 12+)	Hatchet Throwing (Age 12+)	Hatchet Throwing (Age 12+)	Hatchet Throwing (Age 12+)	Hatchet Throwing (Age 12+)	
2:00 p.m.	Archery (Age 8+)						
3:00 p.m.		Lift & Resonate	Archery (Age 8+)		Archery (Age 8+)	Archery (Age 8+) Roll & Release	Archery (Age 8+) Lift & Resonate
4:00 p.m.	Hatchet Throwing (Age 12+) x			Paint and Sip (Age 21+) 🐾		Mountainside Margaritas (Age 21+) 🐾	
5:00 p.m.		Monkey Rock Hike Movement of Music		Monkey Rock Hike	Monkey Rock Hike	Breath & Be	Movement of Music
6:00 p.m.							
7:00 p.m.		Trumpet Meditation	 SCAN TO LEARN MORE OR RESERVE YOUR NEXT ADVENTURE OR VISIT THE ADVENTURE DESK IN MAIN LOBBY			Sound Bath 🐾	Trumpet Meditation
8:00 p.m.							

TAHOE ADVENTURES ROOM LOCATED ON 4TH FLOOR

ARCADE & GAME ROOM OPEN 10:00 A.M. - 9:00 P.M.



NATIONAL AUTOMOBILE MUSEUM

The National Automobile Museum showcases one of the world's finest car collections, featuring historic vehicles, celebrity-owned classics, and immersive exhibits. Show your Hyatt Regency Lake Tahoe room key for \$5 off the entrance fee.

Monday - Friday: 9:00a.m. - 5:00p.m.
Saturday - Sunday: 10:00a.m. - 4:00p.m.

www.AutoMuseum.org



IRON & WOOD INDOOR GOLF LINKS

Just steps from our resort, Iron & Wood offers a premier golfing experience. Practice your swing or enjoy friendly competition, rain or shine. Hyatt guests receive exclusive savings with code LTHYATTGOLF at booking.

ARCADE ROOM

Hop in the elevator, stop on the 4th floor and visit us in the arcade and game room.

Open Daily
10:00a.m. - 9:00p.m.

INCLINE VILLAGE RECREATION CENTER

Featuring a 25-yard indoor pool, gymnasium, fitness classes and much more!
InclineRecreation.com | 775.832.1310
Adults: \$20 | Seniors 60+: \$17 | Youth: \$10
Kids 5 & under are free

ACTIVITY INFORMATION:

- Activities with a bear paw (🐾) indicate additional fees.
- All activities must be booked in advance.
- For activity meeting place, see activity description. If no location is mentioned, please meet at the Adventure Desk.
- All hikes require appropriate shoes, sunscreen & water bottles.
- Parents must accompany children under the age of 18.
- For additional questions, visit the Adventure Desk located in the main lobby or email: TahoeAdventures@hyatt.com