


TIME	SUNDAY April 5	MONDAY April 6	TUESDAY April 7	WEDNESDAY April 8	THURSDAY April 9	FRIDAY April 10	SATURDAY April 11
8:00 a.m.	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow	Yoga Flow
9:00 a.m.			Chickadee Ridge Hike (Age 12+)	Flume Hike	Chickadee Ridge Hike (Age 12+)	Flume Hike	Chickadee Ridge Hike (Age 12+)
10:00 a.m.	Mindful Forest Walk	Mindful Forest Walk	Mindful Forest Walk	Roll & Release	Roll & Release	Stretch & Relax	Stretch & Relax
11:00 a.m.	Monkey Rock Mimosa (Age 21+) 🐾				Archery (Age 8+)	Archery (Age 8+)	Monkey Rock Mimosa (Age 21+) 🐾
12:00 p.m.	Lift & Resonate			Mindful Forest Walk Mountainside Margaritas (Age 21+) 🐾	Mindful Forest Walk Mountainside Margaritas (Age 21+) 🐾	Mindful Forest Walk	Mindful Forest Walk
1:00 p.m.		Archery (Age 8+)	Archery (Age 8+)	Archery (Age 8+)	Archery (Age 8+)	Archery (Age 8+)	Archery (Age 8+)
2:00 p.m.	Archery (Age 8+)						
3:00 p.m.		Lift & Resonate	Archery (Age 8+)	Archery (Age 8+)	Archery (Age 8+) Burns and Brews (Age 12+) 🐾	Archery (Age 8+) Roll & Release	Archery (Age 8+) Lift & Resonate
4:00 p.m.	Burns and Brews (Age 12+) 🐾			Paint and Sip (Age 21+) 🐾		Mountainside Margaritas (Age 21+) 🐾	Mountainside Margaritas (Age 21+) 🐾
5:00 p.m.		Monkey Rock Hike Movement of Music	Monkey Rock Hike	Monkey Rock Hike	Monkey Rock Hike	Breath & Be	Movement of Music
6:00 p.m.							
7:00 p.m.		Trumpet Meditation	 <b>SCAN TO LEARN MORE OR RESERVE YOUR NEXT ADVENTURE</b> OR VISIT THE ADVENTURE DESK IN MAIN LOBBY			Sound Bath 🐾	Trumpet Meditation
8:00 p.m.							

**TAHOE ADVENTURES ROOM LOCATED ON 4<sup>TH</sup> FLOOR**

**ARCADE & GAME ROOM OPEN 10:00 A.M. - 9:00 P.M.**



**NATIONAL AUTOMOBILE MUSEUM**

The National Automobile Museum showcases one of the world's finest car collections, featuring historic vehicles, celebrity-owned classics, and immersive exhibits. Show your Hyatt Regency Lake Tahoe room key for \$5 off the entrance fee.

**Monday - Friday: 9:00a.m. - 5:00p.m.**  
**Saturday - Sunday: 10:00a.m. - 4:00p.m.**

[www.AutoMuseum.org](http://www.AutoMuseum.org)



**IRON & WOOD  
INDOOR GOLF LINKS**

Just steps from our resort, Iron & Wood offers a premier golfing experience. Practice your swing or enjoy friendly competition, rain or shine. Hyatt guests receive exclusive savings with code LTHYATTGOLF at booking.

**ARCADE ROOM**

Hop in the elevator, stop on the 4<sup>th</sup> floor and visit us in the arcade and game room.

**Open Daily  
10:00a.m. - 9:00p.m.**

**INCLINE VILLAGE  
RECREATION CENTER**

Featuring a 25-yard indoor pool, gymnasium, fitness classes and much more!

**InclineRecreation.com | 775.832.1310**

**Adults: \$20 | Seniors 60+: \$17 | Youth: \$10**  
Kids 5 & under are free

**ACTIVITY INFORMATION:**

- Activities with a bear paw (🐾) indicate additional fees.
- All activities must be booked in advance.
- For activity meeting place, see activity description. If no location is mentioned, please meet at the Adventure Desk.
- All hikes require appropriate shoes, sunscreen & water bottles.
- Parents must accompany children under the age of 18.
- For additional questions, visit the Adventure Desk located in the main lobby or email: [TahoeAdventures@hyatt.com](mailto:TahoeAdventures@hyatt.com)