

STARTERS

La Mar Salada bravas potatoes - Potatoes with garlic and oil seasoned with kimchi sauce and spicy tomato sauce. (Eggs, Nuts) 7,50 €

Cod fritters. (Gluten, Fish, Dairy) 7,00 €

Fried squid battered with mayonnaise. (Gluten, Fish, Molluscs, Eggs, Soy) 12,50 €

Ventresca salad with potato. (Eggs, Fish, May contain traces of soy) 11,50 €

Grilled mussels with garlic and parsley. (Molluscs) 12,00 €

Mussels in white wine – fried onion with garlic and parsley and white wine. (Crustaceans) 12,00 €

Steamed mussels with lemon and bay leaf (Molluscs) 12,00€

Onion soup with poached egg yolk, parmesan, Iberian bacon and truffles (Celery, Egg, Dairy) 6,50 €

Sea Bass Tartare. (Mustard, Sulphites, Egg) 18,00 €

Galician octopus. (Crustaceans) 15,50 €

Deep fried squid (Andalusian style) (Molluscs) 12,50 €

SALADS

Xato de Vilanova – salad with romesco, raw cod, tuna, and anchovies. (Fish, Nuts, Gluten) 15,50€

St Paul beans and cod. (Fish, Egg) 12,00 €

Tomato salad. (Dairy, Nuts) 14,50 €

Ensalada de Habitas con Tallarines de Sepia y romesco (Fish, Nuts, Molluscs, Gluten) 15,00 €

Canonges salad, prawn tartare, avocado and grapefruit (Eggs, Soya, Cereals with gluten (traces) 19,00 €

FISH

Honey cod with onion confit and grilled pineapple. (Fish) 21,00 €

Monkfish tail casserole with rum prawns. (Fish, Gluten, Crustaceans, Celery) 21,00 €

Salmon with Velouté of fonoll and citric puree (Crustaceans, Dairy, Egg) 19,00 €

Grilled Rooster of San Pedro with vegetables. (Fish) 21,50 €

Baked seabrem with potatoes. (Fish, Celery) 22,50€

Mackerel with cauliflower and garlic and chilli puree (Fish, Lactose, Sulphites) 17,50 €

MEAT

Beef Fillet at Café De Paris (Celery, Mustard, Lactose, Sulphites, Soy and Cereals with gluten) 24,50 €

Iberian pork with dried apricots in vanilla and nut oil. (Lactose) 18,50 €

Low-temperature pork with apple purée and glazed shallots (Dairy Celery) 17,50 €

Cheeseburger el Mar Salada – 180 gr of beef burger, caramelized onion with mustard and brie cheese, served on toasted glass bread and tomatoes. (Dairy, Gluten, Mustard) 14,50 €

Duck breast with berries reduction . (Dairy, Celery) 23,00 €

Supplement: Extra-cheese, french fries.

RICE

(Price per person / 2 people minimum)

Secret paella with mushrooms. (Celery) 18,50 €

Paella Delta rice with vegetables. (Celery) 15,50 €

Mar Salada Black Rice. (Fish, Crustaceans, Molluscs, Celery) 19,00 €

Seafood paella. (Fish, Crustaceans, Molluscs, Celery) 19,50 €

Señoret seafood paella. (Fish, Crustaceans, Molluscs, Celery) 19,00 €

Soupy lobster rice. (Fish, Crustaceans, Molluscs, Celery) 29,50 €

Rissoto of the Trumpet and pigeon (Celery, Dairy, Sulphites) 19,50 €

Seafood fideuà. (Fish, Crustaceans, Molluscs, Celery, nuts) 17,50 €