



TAKE-AWAY & MARKET MENU



MAINS

- ROASTED BUTTERNUT SQUASH SOUP** \$10
850 ml.
Roasted butternut squash, shallots, garlic, ginger, extra virgin olive oil, sea salt, kampfot pepper, thyme, nutmeg, homemade vegetable stock
- CHORIZO & CHICKPEA SOUP/STEW** \$15
850 ml.
Made with our spanish chorizo sausage, chickpeas, homemade chicken stock, tomatoes, garlic, sea salt, thyme, smoked paprika, extra virgin olive oil, bay leaves, pepper
- CHICKEN POT PIE** (9" deep dish, 1.4 kg) \$30
All homemade: roast chicken, onion, celery, carrot, peas, corn, chicken stock, spices, butter & lard pastry shells
- SHEPHERD'S PIE** (900 grams) \$18
Meat mixture: lamb, onion, peas, carrot, corn, tomato paste, beef broth, garlic, herbs & spices.
Potato topping: potatoes, butter, parmesan cheese, garlic, salt, pepper
- COTTAGE PIE** (900 grams) \$16
Meat mixture: beef, onion, peas, carrot, corn, tomato paste, beef broth, garlic, herbs & spices.
Potato topping: potatoes, butter, parmesan cheese, garlic, salt, pepper
- SPANISH CHORIZO SAUSAGE** \$20/kg.
Made in-house: pork shoulder, white wine, onion, garlic, pimenton de la Vera, oregano, cumin, sea salt, pepper
- TAIWANESE PORK SAUSAGE** \$15/kg.
Made in-house: pork shoulder, garlic, sugar, Shaoxing cooking wine, sea salt, curing salt, white pepper, Chinese 5-spice, and cinnamon.

DESSERT

- SALTED DULCE DE LECHE BROWNIE** \$9
(approx. 270 grams; serves 2-4)
Brownie: Ssemi-sweet chocolate, sugar, flour, butter, eggs, canola oil, cocoa powder, sea salt, baking powder
Dulce de Leche: Milk, cane sugar, baking soda, vanilla
- GRANDMA'S APPLE CRISP** (600 g.) \$10
Granny Smith apples, lemon juice, golden sugar, cinnamon, Calabash nutmeg, wheat flour, oats, butter, salt

WORLD MARKET

- TKEMALI** \$14
Homemade Georgian Plum Sauce (500 ml.)
- DRIED PANCA PEPPER** (57 g.) \$5
Peruvian Panca Pepper
- PERUVIAN PURPLE CORN** (425 g.) \$2
Maiz Morado
- TAIWANESE PLUM POWDER** (50 g.) \$6
Distinctive sweet flavour, preservative free.

POPULAR FAVOURITE

- MIXED-SEED CRISPBREAD** \$2.75/100 g.
Seeds: pumpkin, sunflower, sesame, slax, hemp.
Cornstarch, water, canola oil, Maldon sea salt flakes
100% Gluten Free

* All Mains & Desserts come frozen with a detailed ingredient list and re-heating instructions

Trigo Food + Drink
132 Main Street
Lafleche, SK
306-472-3663
www.trigo.restaurant



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KAMPOT PEPPER WITH GRINDER

KAMPOT PEPPER, RED (100 g.) \$15.95

Direct from Kampot, Cambodia. Whole peppercorn. The finest pepper in the world. The red is sweet, fruity, and peppery

KAMPOT PEPPER, BLACK (90 g.) \$13.95

Direct from Kampot, Cambodia. Whole peppercorn. The finest pepper in the world. The black is intense, aromatic, with hints of citrus

KAMPOT PEPPER, WHITE (110 g.) \$16.95

Direct from Kampot, Cambodia. Whole peppercorn. The finest pepper in the world. The white is delicate, floral, and spicy

KAMPOT PEPPER, BLEND (90 g.) \$14.95

Direct from Kampot, Cambodia. Whole peppercorn. The finest pepper in the world. The blended mix contains 50 g. black, 20 g. red, and 20 g. white

KAMPOT PEPPER REFILL

KAMPOT PEPPER, RED (200 g.) \$30

Direct from Kampot, Cambodia. Whole peppercorn. The finest pepper in the world. The red is sweet, fruity, and peppery

KAMPOT PEPPER, BLACK (200 g.) \$30

Direct from Kampot, Cambodia. Whole peppercorn. The finest pepper in the world. The black is intense, aromatic, with hints of citrus

KAMPOT PEPPER, WHITE (200 g.) \$30

Direct from Kampot, Cambodia. Whole peppercorn. The finest pepper in the world. The white is delicate, floral, and spicy

SPICES

SUYA SPICE BLEND (65 g.) \$6

West African Peanut-Spice Blend

CAJUN SPICE MIX (40 g.) \$5

AJI MIRASOL CHILLI POWDER (25 g.) \$7

In-house made from dried, toasted & ground Amarillo Chillies from Peru. Medium heat, full-bodied flavour, fruity undertones

CURRY POWDER, MILD (25 g.) \$3

In-house blend: coriander, cumin, turmeric, fenugreek, ginger powder, mustard powder, black pepper, cinnamon, cloves, cardamom seeds

KHMELI-SUNELI (30 g.) \$9

Georgian Herb Blend

BLUE FENUGREEK (25 g.) \$5

Utskho Suneli / Wild Blue Fenugreek from Georgia

IMERETIAN SAFFRON (25 g.) \$7

Dried Marigold Petals from Georgia

AJI MIRASOL CHILI SALT (50 g.) \$5

In-house made from dried, toasted & ground Amarillo Chillies from Peru. Medium heat, full-bodied flavour, fruity undertones

PICKLES

SOY PICKLED SHITAKE MUSHROOMS (1 Litre) \$14

YELLOW PICKLED DAIKON (500 mL) \$8.95

SOY PICKLED CUCUMBERS (500 mL) \$8.25