



TAKE-AWAY & MARKET MENU



MAINS

ROASTED BUTTERNUT SQUASH SOUP **\$10**
850 ml.

Roasted butternut squash, shallots, garlic, ginger, extra virgin olive oil, sea salt, kampt pepper, thyme, nutmeg, homemade vegetable stock

CHORIZO & CHICKPEA SOUP/STEW **\$15**
850 ml.

Made with our spanish chorizo sausage, chickpeas, homemade chicken stock, tomatoes, garlic, sea salt, thyme, smoked paprika, extra virgin olive oil, bay leaves, pepper

CHICKEN POT PIE (9" deep dish, 1.4 kg) **\$30**

All homemade: roast chicken, onion, celery, carrot, peas, corn, chicken stock, spices, butter & lard pastry shells

COTTAGE PIE (900 grams) **\$16**

Meat mixture: beef, onion, peas, carrot, corn, tomato paste, beef broth, garlic, herbs & spices.

Potato topping: potatoes, butter, parmesan cheese, garlic, salt, pepper

SPANISH CHORIZO SAUSAGE **\$20/kg.**

Made in-house: pork shoulder, white wine, onion, garlic, pimenton de la Vera, oregano, cumin, sea salt, pepper

TAIWANESE PORK SAUSAGE **\$15/kg.**

Made in-house: pork shoulder, garlic, sugar, Shaoxing cooking wine, sea salt, curing salt, white pepper, Chinese 5-spice, and cinnamon.

DESSERT

SALTED DULCE DE LECHE BROWNIE **\$9**

(approx. 270 grams; serves 2-4)

Brownie: Ssemi-sweet chocolate, sugar, flour, butter, eggs, canola oil, cocoa powder, sea salt, baking powder

Dulce de Leche: Milk, cane sugar, baking soda, vanilla

GRANDMA'S APPLE CRISP (600 g.) **\$10**

Granny Smith apples, lemon juice, golden sugar, cinnamon, Calabash nutmeg, wheat flour, oats, butter, salt

WORLD MARKET

TKEMALI **\$14**

Homemade Georgian Plum Sauce (500 ml.)

DRIED PANCA PEPPER (57 g.) **\$5**

Peruvian Panca Pepper

PERUVIAN PURPLE CORN (425 g.) **\$2**

Maiz Morado

POPULAR FAVOURITE

MIXED-SEED CRISPBREAD **\$2.75/100 g.**

Seeds: pumpkin, sunflower, sesame, flax, hemp.

Cornstarch, water, canola oil, Maldon sea salt flakes

100% Gluten Free



All Mains & Desserts come frozen with a detailed ingredient list and re-heating instructions

Trigo Food + Drink

132 Main Street

Lafleche, SK

306-472-3663

www.trigo.restaurant



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KAMPOT PEPPER WITH GRINDER

KAMPOT PEPPER, RED (100 g.) \$15.95

Direct from Kampot, Cambodia. Whole peppercorn.
The finest pepper in the world. The red is sweet,
fruity, and peppery

KAMPOT PEPPER, BLACK (90 g.) \$13.95

Direct from Kampot, Cambodia. Whole peppercorn.
The finest pepper in the world. The black is intense,
aromatic, with hints of citrus

KAMPOT PEPPER, WHITE (110 g.) \$16.95

Direct from Kampot, Cambodia. Whole peppercorn.
The finest pepper in the world. The white is
delicate, floral, and spicy

KAMPOT PEPPER, BLEND (90 g.) \$14.95

Direct from Kampot, Cambodia. Whole peppercorn.
The finest pepper in the world. The blended mix
contains 50 g. black, 20 g. red, and 20 g. white

KAMPOT PEPPER REFILL

KAMPOT PEPPER, RED (200 g.) \$30

Direct from Kampot, Cambodia. Whole peppercorn.
The finest pepper in the world. The red is sweet,
fruity, and peppery

KAMPOT PEPPER, BLACK (200 g.) \$30

Direct from Kampot, Cambodia. Whole peppercorn.
The finest pepper in the world. The black is intense,
aromatic, with hints of citrus

KAMPOT PEPPER, WHITE (200 g.) \$30

Direct from Kampot, Cambodia. Whole peppercorn.
The finest pepper in the world. The white is
delicate, floral, and spicy

SPICES

SUYA SPICE BLEND (65 g.) \$6

West African Peanut-Spice Blend

CAJUN SPICE MIX (40 g.) \$5

AJI MIRASOL CHILLI POWDER (25 g.) \$7

In-house made from dried, toasted & ground Amarillo
Chillies from Peru. Medium heat, full-bodied flavour,
fruity undertones

CURRY POWDER, MILD (25 g.) \$3

In-house blend: coriander, cumin, turmeric,
fenugreek, ginger powder, mustard powder, black
pepper, cinnamon, cloves, cardamom seeds

KHMEI-SUNELI (30 g.) \$9

Georgian Herb Blend

BLUE FENUGREEK (25 g.) \$5

Utskho Suneli / Wild Blue Fenugreek from Georgia

IMERETIAN SAFFRON (25 g.) \$7

Dried Marigold Petals from Georgia

AJI MIRASOL CHILI SALT (50 g.) \$5

In-house made from dried, toasted & ground Amarillo
Chilies from Peru. Medium heat, full-bodied flavour,
fruity undertones

PICKLES

SOY PICKLED SHITAKE MUSHROOMS (1 Litre) \$14

YELLOW PICKLED DAIKON (500 mL) \$8.95

SOY PICKLED CUCUMBERS (500 mL) \$8.25