

INSPIRED BY GHANA



Cheers! Welcome to our little 'Taste of Ghana' in Lafleche

On previous menus, we've had the opportunity to feature wines and drinks directly from that country. Unfortunately, Ghanaian drinks have been hard to source and import. Despite this, we have curated this cocktail menu with Ghanaian flavors in mind - plenty of citrus, bold spices, hibiscus and coconut.

We were able to source some ingredients that come from Africa, specifically moringa ("Miracle Tree") and baobab ("Monkey Tree"). These have recently made their way to the west, but have been used in Africa for a long time, highly valued for their medicinal and nutritional properties. Moringa has a very earthy taste and compliments the mojito nicely, while baobab is paired with orange for a fresh, citrusy taste.

Sobolo is something you would find in many Ghanaian households, each with their own flair and recipe. We have taken inspiration from a few sources and come up with our own version - spices like star anise, cinnamon, grains of Selim, cloves, ginger, pineapple, orange, and of course hibiscus!



Boabab Trees

COCKTAILS & SIPS

NON ALCOHOLIC

Sobolo 6
Infusion of Hibiscus flowers, citrus fruit, and African spices. Served over ice. Refreshing and delicious!

Guinness Malta 4.5
A non-alcoholic malt drink made from barley, hops, and other natural ingredients, offering a rich, smooth, and slightly sweet flavor. Known for its dark, rich color and energizing qualities, it's a popular drink for those seeking a nutritious and refreshing beverage with a malty taste

Vita Malt 4.5
Coconut and hibiscus flavored malt soda. A touch creamy with floral notes.

COCKTAILS

Sobolo Sangria 12
palm wine, coconut rum, peach schnapps, pineapple juice, housemade Sobolo, club soda

Akpeteshie Fizz 13
palm wine, gin, sparkling wine, agave syrup

Baobab Gin & Tonic 11
gin, baobab powder, fresh orange juice, tonic, Luby Bower bitters

Moringa Mojito 12
dark rum, moringa powder, fresh mint, agave syrup, lime juice, club soda

Papaya Pina Colada 12
coconut rum, papaya, pineapple & lime juices, coconut cream, calabash nutmeg

Milo Martini 12
Irish cream, vodka, malted chocolate powder, milk

PALM WINE (EMU) wine from fermented palm tree sap (fruity, banana, sweet) 14 (600 ml. bottle)

TRIGO DRINKS

APERITIF

2 oz servings

Vermouth, Dry, Martini & Rossi (Italy)	6
Sherry, Dry Sack, Williams & Humbert (Spain)	7
Dubonnet (France)	8
Aperol (Italy)	10
Campari (Italy)	11

BEER

Rebellion Cerveza Light, 355mL	7.5
District Brewing Snowbird Lager, 355mL	5
Malty National Champaul Pilsner, 355mL	7
Carlsberg Danish Pilsner, 330mL	8
Paddockwood Honey Amber Ale, 473mL	10.5
Pile of Bones White IPA, 473 mL	10
Rebellion Oatmeal Stout, 473mL	11

CIDER

Somersby Blackberry Cider, 500mL	8
Rekordlig Mixed Berry, 500mL	9

COCKTAILS

BARBIE DOLL 12

Coconut rum, Sour Puss raspberry, pineapple juice, Sprite - 2 oz.

AQUAVIT CAESAR 10

Aquavit, Clamato, Worcestershire sauce, Hot sauce - 1 oz.

RED BEARD 10

Cherry vodka, spiced rum, Coke - 1 oz.

DUBONNET FIZZ 12

Dubonnet, cherry brandy, orange juice, lemon juice, Club Soda - 2 oz.

BRANDY ALEXANDER 10

Brandy, Creme de Cacao, cream, calabash nutmeg - 2 oz.

ENGLISH ROSE 16

Gin, apricot brandy, dry Vermouth, lemon juice, grenadine - 2 oz.

PENICILLIN 18

Blended Scotch, lemon juice, ginger syrup, honey, whisper of smoky Islay Scotch - 2 oz.

We're happy to craft all your classic favorites as well!

Moscow Mule, Aperol Spritz, Negroni, Tom Collins, Margarita and more Martinis - Vodka or Gin, Cosmopolitan, Manhattan, Espresso, Grasshopper

SCOTCH

SPEYSIDE

Glenfiddich, Fire & Cane (Experimental Series #04)	8.00
Glenfiddich, 12 yr	8.50
The Glenlivet, 12 yr	9.00
Cardhu, 12 yr	9.00
The Macallan Gold, 1824 Series	9.50

HIGHLAND

Aberfeldy, 12 yr	11.00
Dalwhinnie, 15 yr	14.00
Oban, 14 yr	18.00

LOWLAND

Auchentoshan, 12 yr	8.50
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ISLAY

Bowmore, 12 yr	9.00
Laphroaig, Quarter Cask	11.00
Ardbeg, 10 yr	13.00
Bowmore, 15 yr	14.00

ISLAND

Highland Park, 12 yr	11.00
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BLENDED

Ballantine's Finest	5.00
Johnnie Walker, Red Label	5.25
Dewar's, White Label	6.00
Hankey Bannister, 12 yr	7.50
Johnnie Walker, Black Label, 12 yr	8.00
Chivas Regal, 12 yr	8.25
Monkey Shoulder	8.50

WHISKEYS

BOURBON

Evan Williams, Black Label	5.00
Maker's Mark	6.25
Buffalo Trace	6.50
Knob Creek Smoked Maple	7.50
Elijah Craig, Small Batch	8.00
Basil Hayden's	8.25

IRISH

Tullamore D.E.W., Original (Co. Offaly)	5.50
Bushmills, Original (Co. Antrim)	5.75
Jameson, Original (Co. Cork)	6.25
Sexton, Single-Malt (Co. Antrim)	8.00

CANADIAN

J.P. Wiser's, Special Blend (Windsor)	5.00
Crown Royal, Fine De Luxe (Gimli)	5.50
Forty Creek, Barrel Select (Grimsby)	6.00
Canadian Club, Chairman's Select, 100% Rye (Windsor)	6.00
Crown Royal, Black (Gimli)	7.00

AMERICAN

Jack Daniel's, Straight Rye (Tennessee)	6.00
Jack Daniel's, Old No. 7 (Tennessee)	6.00
Bulleit, Small Batch Rye (Kentucky)	6.50
Gentleman Jack (Tennessee)	7.00

JAPANESE

Suntory, Toki (Yamazaki/Hakushu/Chita)	8.50
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SPIRITS

VODKA

Grey Goose (France)	7.00
Belvedere (Poland)	7.50
Burwood Honey Vodka (Alberta)	10.00

GIN

Tanqueray (Great Britain)	5.25
Boodles (Great Britain)	6.00
Red Coat (Saskatchewan)	6.50
Dixon's Blueberry (Canada)	7.00
Tanqueray No 10 (Great Britain)	7.00
Hendrick's (Scotland)	7.25
Roku (Japan)	7.50
Drumshanbo Gunpowder (Ireland)	7.75
Sylvius (Holland)	8.00

TEQUILA

Sauza, Silver	6.00
Cazadores, Reposado	7.00
Cazadores, Añejo	8.00
Adictivo, Extra Añejo	15.00

RUM

White

Bacardi (Puerto Rico)	5.50
Havana Club, 3 yr (Cuba)	6.50

Amber

Appleton Estate, Sig Blend	6.00
Appleton Estate, Reserve Blend (Jamaica)	6.50
Matusalem, Gran Res, 15 yr (DR)	6.50
Flor de Caña, 12 yr (Nicaragua)	7.00
El Dorado, 12 yr (Guyana)	7.75
Diplomatico, Reserva Exclusiva (Venezuela)	9.00

Black

Bacardi, Black (Puerto Rico)	5.50
Lemon Hart, Original 1804 (Guyana)	6.00

Spiced

Captain Morgan (Canada)	5.25
The Kraken (Trinidad & Tobago)	6.50

Wine List

White

Gerberas 2017		Macabeo		Spain	30
Juwel "Grauburgunder" 2021		Pinot Gris		Germany	50
Juwel "Weissburgunder" 2021		Pinot Blanc		Germany	50
Bodegas Aranleon "Bles Blanco" 2018		Sauvignon Blanc-Macabeo		Spain	33
Bodegas Gran Sello "Gran Sello" 2019		Macabeo-Verdejo		Spain	30
Jean-Paul 2019		Colombard-Ugni Blanc		France	28
Juwel "Silvaner" 2021		Silvaner		Germany	50
Villa Maria 2022		Sauvignon Blanc		Australia	40
Finca Las Moras 2023		Pinot Grigio		Argentina	27
Clean Slate 2018		Riesling		Germany	34
Vina Esmerelda "By the Sea" 2022		Muscat-Gewurtztraminer		Spain	35
Beringer "Founder's Estate" 2017		Chardonnay		USA	41
Ego Bodegas "Goru" 2016		Moscatel-Chardonnay		Spain	40
J. Moreau & Fils 2019		Chardonnay		France	66
La Crema 2018		Chardonnay		USA	62
Cono Sur Bicicleta 2023		Viognier		Chile	30
The Audacity of Thomas Bright 2019		Chardonnay		BC	22

Wine List

Rose

Pays D'Oc "Pasquiers" 2020 | Rosé Grenache-Cinsault | France 30

Mead

Prairie Bee Meadery "Traditional Bee" | Caron, SK 36

Red

Hahn Family Wines 2021 | Pinot Noir | USA 48

Chateau de la Gardine "Chateauneuf du Pape" 2019 | Rhone Red Blend | France 74

Melini 2021 | Sangiovese | Italy 32

Alamos 2021 | Malbec | Argentina 30

J. Lohr Winery "Seven Oaks" 2019 | Cabernet Sauvignon | USA 51

Nicolas Catena Zapata 2017 | Malbec | Argentina 139

Sparkling

Freixenet "Cordon Negro" | Cava Brut | Spain 35

Cavit "Lunetta" | Prosecco | Italy 39

Veuve Clicquot "Yellow Label" | Reims-Champagne | France 98

AFTER DINNER

DESSERT WINE

Ice Wine

Henry of Pelham VQA 2018, 200ml Vidal-Cabernet Franc Ontario	38
Inniskillin VQA 2015, 50ml Vidal Ontario	13

Port

Taylor Fladgate, Late Bottled Vintage, 2016	9
Taylor Fladgate, Tawny, 10 yr	11
Taylor Fladgate, Tawny, 20 yr	14

Other

Blandy's Duke of Clarence Madeira Portugal	10
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BRANDY

E&J, VSOP	10
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Armagnac

Sempé, VSOP	13
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Cognac

Rémy Martin, VSOP	17
Rémy Martin, XO	21

OTHER DIGESTIFS

Vermouth, Cinzano, Rossa (Italy)	6
Crème de Cassis, Gabriel Boudier (France)	12

2 oz servings

Coffee

Coffee	4
Espresso	4
Americano	5
Cappuccino	5
Latte	5
Mocha	6

All regular
coffees made
with our house
roasted coffee
beans

SPIKED HOT DRINKS

Monte Cristo - <i>Grand Marnier, Kahlua, coffee</i>	7
Irish Coffee - <i>Your choice of Irish Whiskey, brown sugar, coffee</i>	8
Italian Coffee - <i>Sambuca, espresso, steamed milk</i>	7
Spanish Coffee - <i>Tia Maria, white rum, coffee</i>	8
Canadian Coffee - <i>Cabot Trail Maple Cream, espresso, steamed milk</i>	7
Blueberry Tea - <i>Grand Marnier, Amaretto, orange pekoe tea</i>	8
Bourbon Hot Toddy - <i>Bourbon, honey, lemon, hot water</i>	8

Non-Alcoholic

THE GREAT GENTLEMAN SODA

Ginger Beer	6
Spicy Pineapple Soda	6
Watermelon & Hibiscus Soda	6

WATER

San Pellegrino, 1000 ml.	7
San Pellegrino, 250 ml.	3
Borjomi, 500 ml.	5

OTHER

Can of Pop	3
San Pellegrino Pompelmo (Grapefruit)	4
San Pellegrino Melograno & Arancia (Pomegranate-Orange)	4
Tea - selection from our Tea Chest	3
Non-Alcoholic Beer	5

MOCKTAILS

Berry Vanilla 7

*Cranberry juice, honey
syrup, vanilla, Ginger Ale*

Non Aperolic Spritz 10

*Ritual Non-Alcoholic Aperitif,
touch of salt & simple syrup,
club soda*

Cinderella 6

*Pineapple, orange, and
lemon juices, Ginger Ale,
grenadine, Angostura bitters*

We're happy to craft all
your classic favorites as
well - Shirley Temple,
Virgin Caesar and more.