

alkaline

MENU

Come as you are. *Leave inspired to make a change.*

Welcome to Alkalime,
your conscious community restocafe.

“When looking at my grandparents’ pictures, I realized how happy and healthy they were. There is an undeniable connection between the traditional lifestyle of ‘eating what you grow’ and an overall sense of well-being that cannot be ignored. But over the years, the world’s relationship with food has changed. Artificial ingredients were introduced, and we became increasingly disconnected from natural food sources. As people now seek to rethink their choices, this has paved the way for fad diets and contradictory information about what it truly means to be healthy.

At Alkalime, we believe health is a lifestyle, not a momentary diet. It’s not about extreme measures, but about incremental changes in both mindset and behavior. Our everyday eatery focuses on simple, wholesome, homemade meals using ingredients the way nature intended — the way your grandparents would appreciate. We are your home away from home, and each dish is lovingly crafted with your well-being in mind.

My vision is for Alkalime to become a place where guests reconnect with each other and disconnect from modern-day stresses — a place that reminds you how magical food can, and *should* be, in its original, most authentic form.

And now, five years later, I am amazed by how far we have come. What began as a vision has grown into a beautiful community. Thank you for being part of our story”.

With much love,

Nagham,
Founder



A B U D H A B I

loyalty program

Join now and earn points that you can convert to cash. You can redeem at any time - all you have to do is sign up!

Want to Join?
Please ask your waiter to sign you up :)

Applies to food only // Terms and conditions apply.

VEGAN
CONTAINS NUTS
GLUTEN FREE

rise & shine

Our breakfast is served until 1PM on weekdays and 2PM on weekends.

THE ARABIC BREAKFAST — 99 AED

Perfect for sharing! A basket of mixed classic oriental breakfast dishes with foul medames, falafel, hummus, green olives, vegan labneh, zaatar dip, vegetables, our homemade Arabic bread & your choice of eggs. Gluten free bread available. Option to add Manakeesh Zaatar + 20 AED

EGGPLANT SHAKSHUKA — 87 AED

A hearty and healthy start to the day with eggplant, Shakshuka tomato sauce, eggs, topped with roasted pine nuts sprinkled with Alkalime's signature sundried tomato tahini sauce.
Comes with sourdough or gluten free bread.

'EAT YOUR GREENS' OMELETTE — 65 AED

Eggs in a gorgeous blend of spinach, leeks and parsley sprinkled with nut cheese and zaatar. Vegan friendly option with chickpea flour is available.

HUEVOS RANCHEROS — 75 AED

Healthy and full of Latino flair : 2 homemade oat tortillas topped with crushed black beans spiced with cumin and paprika, tomato salsa and fluffy scrambled eggs, topped with guacamole in a melange of sesame, sunflower and flax seeds for that omega power.

THE SCRAMBLEGG CROISSANT — 75 AED

Our signature take on a breakfast favorite with scrambled eggs, layered with mushrooms, homemade plant-based Alka-mayo, and tomatoes, served in a sourdough vegan croissant. The best vegan croissant in Abu Dhabi!
A vegan-friendly option with tofu is available.

BENADDICTED TO EGGS — 42 AED

Our homemade English muffin topped with poached eggs, arugula and our homemade-from- scratch dairy-free "Hollandaise sauce". Contains Egg Yolk. Gluten Free bread available.

- Add Smoked Salmon + 30 AED
- Add Avocado + 15 AED
- Add Spinach

AVOCADO TOAST — 45 AED

Smashed avocado over two slices of lightly toasted sourdough bread, drizzled with pomegranate molasses, garnished with pomegranate jewels and arugula leaves with olive oil. Gluten Free bread available!

- Add Eggs + 18 AED
- Add Mushrooms + 15 AED
- Add Tofu + 15 AED

EGGPLANT SHAKSHUKA



'EAT YOUR GREENS' OMELETTE





THE ARABIC BREAKFAST



THE SCRAMBLEGG CROISSANT



BENADDICTED TO EGGS



HUEVOS RANCHEROS



AVOCADO TOAST

Rise & Shine



VEGAN
CONTAINS NUTS
GLUTEN FREE

sweet beginnings all day!

THE GOOD PANCAKE — 58 AED

Guilt-free sweet potato pancake made with oat flour and almond flour, topped with our homemade almond butter, maple syrup, cinnamon, fresh berries and nuts.

THE MINDFUL WAFFLE — 65 AED

Healthy oat waffles topped with berries, maple syrup, our homemade almond nice cream, and with our homemade Alkatella on the side. Perfect for sharing!

THE GLOW TOAST — 65 AED

A healthier twist on the classic French toast using sourdough dairy-free brioche with a hint of vanilla and cinnamon, drizzled with our homemade caramel sauce and topped with fresh strawberries, blueberries and a scoop of coconut nice cream. Contains eggs.

all day!

AÇAÍ POWER BOWL — 60 AED

A dreamy açaí bowl topped with our homemade nut butter of your choice, strawberries and bananas, and homemade granola.

Homemade Almond Butter
Homemade Peanut Butter

ALKALIME SMOOTHIE BOWL — 55 AED

A smooth, fulfilling, and creamy blend of avocado, fresh spinach, banana, tahini, coconut cream and garnished with blueberries, strawberries, banana and our homemade granola.

CHIA LATER, PAPAYA — 65 AED

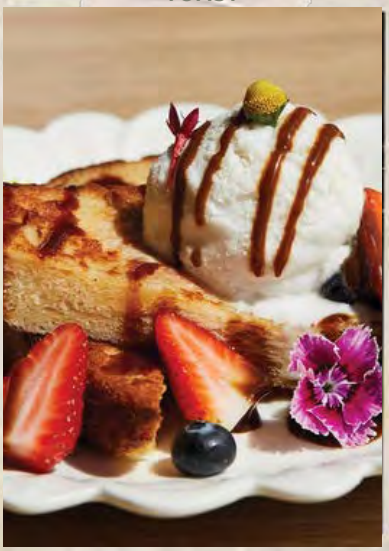
Soaked chia in coconut milk in half a papaya topped with banana, berries, walnut, pomegranate jewels, coconut and almond flakes. Scoop the papaya with the chia!

Homemade Almond Butter
Homemade Peanut Butter

did you know?

Did you know that a single sweet potato provides your daily Vitamin C requirements? & that Açaí berries are loaded with antioxidants, support healthy aging and fight free radicals?

THE GLOW TOAST



THE GOOD PANCAKE





THE MINDFUL WAFFLE



AÇAÍ POWER BOWL



CHIA LATER, PAPAYA



ALKALIME SMOOTHIE BOWL

Sweet beginnings

VEGAN
CONTAINS NUTS
GLUTEN FREE

Blooming Bowls

We love our greens – loaded with micronutrients, they are the fastest and simplest way to alkalize our body. Our bowls are hearty enough to make sure you get your daily dose of alkalizing greens.

THE CHICKEN'AVO — **74 AED**

Grilled free-range chicken strips with avocado and cherry tomatoes on a bed of lettuce, arugula and topped with our homemade red pickled onions dressed in our authentically made chimichurri sauce with lemon mustard dressing.

SUMMERICIOUS — **58 AED**

A bed of gorgeous spinach leaves with cherry tomatoes, strawberries, papaya, avocado, toasted walnuts, flax seeds, dressed with our homemade orange blossom vinaigrette.

YOU HAD ME AT QUINOA! SALAD — **58 AED**

Asian style salad using a colorful mix of quinoa, crunchy vegetables, edamame, all tossed in our homemade sesame-ginger umami dressing and finished with sesame seeds and fresh coriander. Contains sesame oil.

THE MIGHTY CAESAR — **50 AED**

A delicious medley of lettuce greens, seeds and sourdough croutons with our vegan Caesar dressing using our homemade plant based Alka-Mayo, garlic and mustard topped with vegan 'parmesan' cashew cheese.

QUINOA KALE TABBOULEH — **50 AED**

A remix on a traditional levant tabbouleh using kale, parsley, tomato, onion with quinoa and topped with pomegranate molasses.

BAKED SALMON TAHINI SALAD — **80 AED**

A bed of crispy greens, cucumber, cherry tomatoes, onions, cabbage drizzled with a lemon tahini dressing and flaked roasted salmon.

LENTIL SALAD — **58 AED**

Boiled lentils with cherry tomatoes, arugula, cucumber, onion, celery and green apples, fennel topped with balsamic dressing and with pomegranate jewels.

ADD CHICKEN + 20 AED

ADD SHRIMP + 25 AED

THE CHICKEN' AVO



DANCE TO THE BEET





YOU HAD ME AT QUINOA!

SALMON TAHINI SALAD

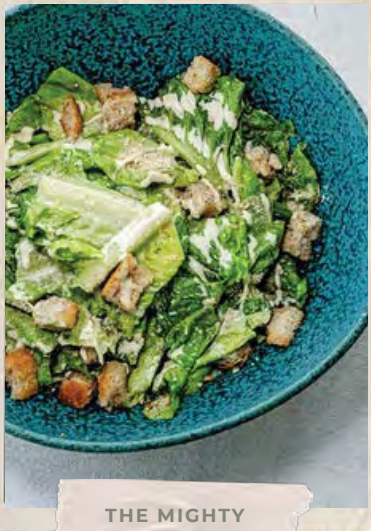




QUINOA KALE TABBOULEH



LENTIL SALAD



THE MIGHTY CAESAR

blooming bowls

VEGAN
CONTAINS NUTS
GLUTEN FREE

Souperior Goodness

All our soups are made from scratch.

THE GREEN SOUP — **45 AED**

A super detoxifying soup using a blend of kale, fennel seeds, zucchini and leeks, topped with a drizzle of coconut mylk.

ROASTED PUMPKIN SOUP — **45 AED**

A cozy and wholesome bowl of pumpkin and butternut squash, vegetables, and cinnamon, topped with coconut cream.

IMMUNITY SOUP — **45 AED**

Brimming with the magical properties of roasted garlic, thyme, onion, black pepper with our homemade chicken broth.

RED LENTIL SOUP — **45 AED**

Just like Home! Smashed red lentils with potato, leek, celery and carrots blended to give you that creamy taste you know and love.

BEEF BROTH — **55 AED**

Available in partnership with The Broth Lab.

VEGAN BROTH — **55 AED**

Available in partnership with The Broth Lab.

did you know?

Broth is the best way to give collagen to your body; it's wonderful for gut health and skin elasticity.

THE GREEN SOUP



ROASTED PUMPKIN SOUP





IMMUNITY SOUP

RED LENTIL SOUP





BEEF BROTH



VEGAN BROTH

Souperior Goodness

VEGAN
CONTAINS NUTS
GLUTEN FREE

a fresh start

BREAD BASKET — 50 AED

A selection of our healthy homemade breads with our from-scratch vegan butter. Add your selection of homemade dips. Choose three options from the following:

- Homemade Almond Butter
- Homemade Peanut Butter
- Organic Zaatar with EVO
- Homemade Alkatella
- Homemade Vegan Labneh

SHARE THE LOVE! — 55 AED

A small mezze platter of creamy hummus tahini dip topped with sautéed onions with balsamic glaze, beetroot hummus dip, and walnut muhammara dip served with our homemade seed crackers, and homemade Arabic style bread. Gluten free bread also available.

CAULI-PIZZA — 58 AED

The best cauli-pizza in town! A cauliflower pizza crust topped with our homemade marinara sauce, cashew cheese, mushrooms, avocado and arugula.

BAKED FALAFEL PLATTER — 58 AED

Oven-baked falafel pieces served with tahini dip and vegetables, with a side of our homemade Arabic-style bread. Gluten free bread available.

HOLY GUACAMOLE — 55 AED

A heavenly guacamole with your choice of sweet potato wedges or sourdough bread.

- Sourdough bread
- Sweet Potato Wedges
- Gluten Free Bread

KOREAN POPCORN CHICKEN — 50 AED

Crispy chicken bites tossed in our homemade Korean chilli sauce, topped with sesame seeds and spring onions.

DYNAMITE SHRIMP - CAULI — 45 AED

Shrimps and roasted cauliflower in our own homemade vegan dynamite sauce: Sriracha and vegan AlkaMayo.

ZAATAR MANAKEESH — 45 AED

Homemade dough with organic Zaatar, comes with a side of vegetables.

CHIPS & DIPS — 45 AED

A collection of homemade chips with dips: tomato salsa, cashew cheese and guacamole.

BREAD BASKET





SHARE THE LOVE!

CAULI-PIZZA



BAKED FALAFEL PLATTER





HOLY GUACAMOLE

DYNAMITE SHRIMP



ZAATAR MANAKEESH





KOREAN POPCORN CHICKEN

CHIPS & DIP



a fresh start

VEGAN
CONTAINS NUTS
GLUTEN FREE

happy meals

Superfoods are naturally perfect foods which are loaded with nutrients to support the health and growth of your body. And all you need to do is eat them.

BASS IN GREEN WATERS — 95 AED

Grilled sea bass served over our creamy cauliflower purée with baby asparagus, broccoli and roasted sweet potato. Simple, wholesome and full of goodness!

BEAN-THERE BURGER — 75 AED

A meat-free patty made from sweet potato, black beans, quinoa, and gluten-free rolled oats, topped with guacamole, our homemade vegan AlkaMayo, caramelized onions, and sautéed mushrooms, with our wholewheat homemade potato bun. Comes with sweet potato wedges.

GF PASTA POMODORO — 60 AED

Gluten free pasta with homemade marinara tomato sauce topped with our 'parmesan'nut cheese.

ZOODLES ALFREDO — 60 AED

Thin zucchini curls with creamy vegan alfredo sauce and mushrooms. It's light, gluten free, low carb and completely delicious.

- Chicken I 20 AED
- Shrimps I 25 AED

OODLES OF NOODLES — 60 - 85 AED

Egg noodles with asparagus, broccoli, sautéed mushrooms, spinach leaves, and snow peas in a sesame ginger dressing. Add your favorite protein.

- Tofu | 70 AED
- Chicken | 80 AED
- Beef | 80 AED
- Shrimps | 85 AED

did you know?

We bake our burger buns from scratch in the kitchen: no nasties, no preservatives!



BEEN THERE BURGER



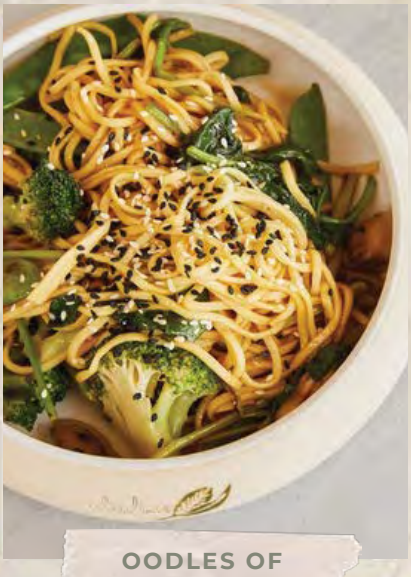
GF PASTA POMODORO

ZOODLES ALFREDO





BASS IN GREEN WATERS



OODLES OF NOODLES

happy meals

SPICY
CONTAINS NUTS
GLUTEN FREE
VEGAN

happy meals

At Alkalime, we love boosting your health with incredible superfoods like avocados, cruciferous vegetables, blueberries, chia seeds, walnuts and salmon!

BLUSHING BBQ TERIYAKI SALMON — 100 AED

Oven roasted salmon served with our homemade teriyaki glaze, steamed vegetables, black rice pilaf and sprinkled with sesame seeds.

STEAK TO YOUR DIET — 120 AED

Tenderloin steak with sweet potatoes, steamed vegetables and oven roasted garlic, topped with chimichurri and our dairy free yet creamy homemade mushroom sauce.

WHAT'S YOUR BEEF — 90 AED

Beef tenderloin in our homemade orange sesame teriyaki glaze, broccoli florets, steamed asparagus, snow peas, and mushrooms over a bed of edamame "fried" brown rice.

THE REAL BURGER — 70 AED

Minced beef patty in our homemade potato bun with cashew cheese, lettuce, tomato and AlkaMayo.
Served with oven-baked AlkaFries and side salad.

KEEP CALM AND CURRY ON — 85 AED

Our homemade red Thai free-range chicken curry with mango chili and a drizzle of coconut cream on a bed of toasted coconut cauliflower rice.

BUTTER-LESS CHICKEN — 85 AED

A dairy-free tiwst on the butter chicken using tender marinated chicken in a rich, creamy coconut butterless sauce, served with fragrant coconut cauliflower rice and finished with fresh coriander.

ALMOND CRUSTED CHICKEN — 80 AED

Oven baked breaded chicken using almond crumbs with sweet potato wedges accompanied with our homemade honey mustard sauce on the side, sweet potatoes and a side salad.

happy meals

BLUSHING BBQ TERIYAKI SALMON



STEAK TO YOUR DIET





WHAT'S YOUR BEEF

THE REAL BURGER





KEEP CALM & CURRY ON



BUTTERLESS CHICKEN



ALMOND CRUSTED CHICKEN

SPICY
CONTAINS NUTS
GLUTEN FREE
VEGAN

All wrapped-up in goodness

ALKURITTO — 50 AED

The Vegan Burrito: our homemade oat wrap tortilla with black bean mash, black rice, guacamole, arugula, tomato salsa, and our homemade vegan cheese sauce. Comes with a side salad and our oven-baked AlkaFries.

SHOWER'MA GUT — 58 AED

Sautéed chicken fillet strips with cauliflower in Middle Eastern spices, kale slaw, and our homemade sundried tomatohini sauce, wrapped in a homemade tortilla wrap. Comes with sweet potato wedges and side pickles.

CHICKEN MUHAMARA SUB — 60 AED

Oven roasted chicken, arugula dipped in pomegranate molasses lying on a spread of our homemade muhammara dip, comes in our homemade Arabic bread with a side salad.

FILLING PHILLY — 75 AED

Your favorite Philly steak flavors made with perfectly seasoned beef, served in our clean sourdough focaccia with mushrooms, sautéed onions, mix bell peppers, and our homemade AlkaMayo, topped with our homemade cashew vegan cheese sauce. Comes with sweet potato wedges.

BREAD TO PICKLE WRAP — 60 AED

Delicious creamy sandwich that is already proving to be popular. Chicken breast mixed with carrots, pickles, avocado, our homemade AlkaMayo, lettuce and wrapped inside our homemade Naan bread - comes with a side of our homemade Alkafries. Vegan option with tofu available.

SPECTACOLAR WRAP — 55 - 70 AED

Organic corn flour based tortilla topped with onion, bell peppers and your choice of protein or vegetables with Mexican flavors and our homemade cashew cheese drizzle. Comes with our vegan coconut yoghurt 'sour cream', tomato salsa and guacamole dips.

- Vegetables & Mushrooms | 55 AED
- Shrimps | 70 AED
- Chicken | 68 AED
- Beef | 70 AED



ALKURITTO

SHOWER' MA GUT





CHICKEN MUHAMARA SUB

FILLING PHILLY





BREAD TO PICKLE

SPECTACOLAR WRAP



ay wrapped-up

in goodness

VEGAN
CONTAINS NUTS
GLUTEN FREE

side add-ons

Suggested sides to complement any dish.

HERBED CAULI-RICE **30 AED**

The low carb rice alternative.

UNBELEAFABLE GREEN SALAD **30 AED**

A bed of delicious greens with our homemade vinaigrette dressing.

CAJUN SWEET POTATO WEDGES **30 AED**

Sweet potato wedges baked in the oven with cajun spices accompanied with our homemade AlkaTchup and AlkaMayo.

ALKAFRIES **30 AED**

The healthiest french fries: oven baked potatoes thinly sliced accompanied with our homemade AlkaTchup and AlkaMayo.

GF GARLIC BREAD **30 AED**

Gluten free garlic bread.

CHIPS & DIPS **30 AED**

Choose two types of our homemade chips with two dips of your choice.

OVEN BAKED VEGGIES **30 AED**

The perfect companion for any dish for some extra fiber.

HOMEMADE BREAD

Your choice of homemade bread.

- Arabic Bread | 12 AED
- Gluten Free Oat Wrap | 12 AED
- Sourdough Bread | 15 AED
- Gluten Free Bread | 20 AED
- Homemade Naan Bread | 12 AED

side add-ons

HERBED CAULI-RICE



UNBELEAFABLE GREEN SALAD





CAJUN SWEET POTATO WEDGES

ALKAFRIES





CHIPS & DIPS

OVEN BAKED VEGGIES





GARLIC BREAD

the beauty of slow

LIVING



VEGAN
CONTAINS NUTS
GLUTEN FREE

Sinless desserts

We don't use processed or refined sugar. We sweeten our desserts and baked goods with dates, organic maple syrup, organic coconut sugar, or organic regionally grown honey.

RED VELVET BROWNIE — **50 AED**

Made with real beetroot, almond flour, coconut flour topped with macadamia nuts and chocolate chips. Comes with a side of nice cream.

ALKEY-LIME CHEESECAKE — **50 AED**

Our delightfully fresh raw dessert made with a walnut crust, lime-licious cashew nut filling and topped with our homemade berry compote.

NO REGRET CHOCOLATE CAKE — **50 AED**

It's flour-free, egg-free, dairy-free, and refined sugar-free. It's just full of the good stuff and we promise you'll enjoy every bite!

all day!

APPLE CRUMBLE — **50 AED**

It wouldn't be the fall season without apple pie! Ours is made with almond flour, coconut flour, cinnamon, nutmeg, apples and sweetened with organic regional honey syrup and a scoop of Almond Nice Cream on top.

TIRAMISU MILLE-FEUILLE — **50 AED**

Our homemade lotus biscuits layered between cashew espresso cream.

TRIPLE P: PECAN PUMPKIN PIE — **50 AED**

Pumpkin Pie made with real pumpkin puree, sweet potato and cinnamon topped with pecan. A real fall favorite!

NUT YOUR AVERAGE PISTACHIOA CAKE — **50 AED**

Raw pistachios with almond flour, coconut yoghurt, EV olive oil and lemon zest. It's like an Italian Amalfi summer in every bite! Contains eggs.

VEGAN DONUT — **35 AED**

A healthy chocolate donut that is gluten free and refined sugar free, baked in the oven and topped with a soft chocolate ganache.

RED VELVET BROWNIE



ALKEY-LIME CHEESECAKE





NO REGRET CHOCOLATE CAKE

APPLE CRUMBLE





TIRAMISU MILLE-FEUILLE



TRIPLE P



VEGAN DONUT



PISTACHIO CAKE

Sinless desserts

VEGAN
CONTAINS NUTS
GLUTEN FREE

any time sweets

all day!

AÇAÍ POWER BOWL — 60 AED

A dreamy açaí bowl topped with homemade peanut butter or almond butter, hand-picked strawberries and bananas, organic, and homemade granola.

- Homemade Almond Butter
- Homemade Peanut Butter

ALKALIME SMOOTHIE BOWL — 55 AED

A smooth, fulfilling and creamy blend of avocado, fresh spinach, banana, tahini, coconut mylk and garnished with blueberries, strawberries, banana and our homemade granola.

BANANA NICE CREAM — 35 AED

Choose from our selection of homemade flavors made with frozen fruits - dairy free and refined sugar free:

- Banana
- Strawberry
- Mango
- Almond
- Coconut
- Pistachio

ALKATROPICAL BOWL — 60 AED

It doesn't get more refreshing than this: coconut shell, pistachio, mango and açai nice creams inside a coconut with frozen mango and topped with pomegranate jewels and coconut flakes.

NATURAL HOMEMADE SUGAR-FREE FRUIT POPSICLE — 30 AED

Choose from our selection of homemade flavors made with real frozen fruits - dairy free and refined sugar-free:

- Coconut
- Strawberry
- Mango
- Pineapple

FRUIT PLATTER — 55 AED

A refreshing plate of seasonal fruits such as strawberries, blueberries, apple, mango, pineapple and banana.

AÇAÍ POWER BOWL



ALKALIME SMOOTHIE BOWL





BANANA NICE CREAM

ALKATROPICAL BOWL



any time sweets



HOMEMADE SUGAR-FREE POPSICLE

FRUIT PLATTER



VEGAN
CONTAINS NUTS
GLUTEN FREE

Start 'em Young

Our kids menu is intended to take your kids' favorite dishes and make them healthier. No frying! We ensure that everything tastes delicious so they can't tell the difference.

KIDS FLUFFY PANCAKES — 55 AED

Our fluffy homemade pancakes served with fresh berries and a drizzle of natural syrup and a side of AlkaTella.

KIDS ALMOND CRUSTED CHICKEN NUGGETS — 55 AED

Almond-crusted free-range chicken fillet with a side of Alkafries served with our homemade Alkatchup.

KIDS NOODLES — 55 AED

Egg noodles adjusted just for kids using only chicken and baby spinach.

KIDS BEEF BURGER — 55 AED

Minced beef patty made from scratch, with our vegan Alka-Mayo, dairy free cashew cheese and lettuce in our homemade buns - comes with a side of our homemade baked "french fries" AlkaFries and AlkaTchup.

KIDS PASTA — 55 AED

Gluten free brown rice pasta with homemade marinara sauce topped with our homemade cashew Parmesan cheese.

KIDS PIZZA — 55 AED

Our homemade dough topped with homemade marinara sauce and mushrooms. Optional: add our homemade cashew cheese and any other vegetables we have.

STEAMED VEGGIES ON THE SIDE — 20 AED

Steamed green vegetables to go along any dish.

KIDS SMOOTHIE — 28 AED

Please select from your preferred mylkshake flavor:

- Strawberry
- Vanilla
- Chocolate

did you know?

Avocados contain healthy monounsaturated fat which helps in lowering blood pressure?

FLUFFY PANCKAES



KIDS ALMOND CRUSTED CHICKEN NUGGETS



KIDS NOODLES





KIDS BEEF BURGER

KIDS PASTA





KIDS PIZZA



STEAMED VEGGIES ON THE SIDE



KIDS SMOOTHIE

start 'em young

nourishing smoothies

Our drinks menu has been carefully crafted with our nutritionist, like everything else on our menu, to ensure that even with one drink, you get your daily dose of goodness. The smoothies are made with our homemade non-dairy mylk which contains nuts.

ALKALIME SMOOTHIE — **42 AED**

Avocado, spinach, banana, dates, chia seeds, vanilla, spirulina blended in our homemade almond mylk and topped with chia seeds.

RECHARGE — **42 AED**

Plant-based protein, coconut mylk, açai, blueberries, strawberries, banana, and a dash of vanilla.

ICED CREAM LATTE — **42 AED**

Espresso shot, banana, chia seeds, homemade peanut butter, dates, homemade almond mylk.

DETOX SMOOTHIE — **42 AED**

Apple, banana, ginger, pineapple, spinach, lime, orange juice and our homemade almond mylk.

BOUNTY SMOOTHIE — **42 AED**

Banana, cacao powder, coconut flakes, dates, flaxseeds, almond butter and coconut mylk.

ICED MATCHA SMOOTHIE — **42 AED**

Matcha, banana, dates and homemade almond mylk.

THE GOOD FOR YOU CHOCOLATE MYLKSHAKE — **42 AED**

Banana, raw cacao powder, walnuts, homemade almond butter, dates, vanilla, cinnamon blended with our homemade almond mylk.

WAKE-ME-UP ICED LATTE — **42 AED**

Shot of espresso, banana, homemade almond butter, dates, raw cacao powder, vanilla, cinnamon blended with our homemade almond mylk.

FROZEN YOGHURT SMOOTHIE — **42 AED**

Banana, strawberries, GF oats, coconut mylk, dates.

GOLDEN PASSION SMOOTHIE — **42 AED**

Passion fruit, cucumber, parsley, apple, mango and almond mylk.

did you know?

Dark chocolate (70%+) is packed with flavonoids that support heart health.

ICED CREAM LATTE



DETOX SMOOTHIE



BOUNTY SMOOTHIE



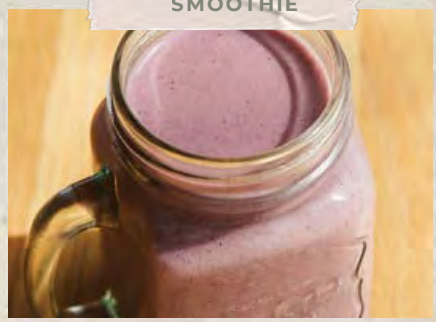
THE GOOD FOR YOU MILKSHAKE



WAKE-ME-UP ICED LATTE



FROZEN YOGHURT SMOOTHIE





GOLDEN PASSION SMOOTHIE



ICED MATCHA SMOOTHIE

nourishing smoothies



nourishing juices

All our juices are cold pressed and prepared daily, fresh.

GLUTEN FREE
VEGAN
CONTAINS NUTS

ONE INGREDIENT JUICES — **28 AED**

Apple, or orange, or carrot, or watermelon.

ONE INGREDIENT JUICES — **32 AED**

Celery, or pineapple, or mango.

HOMEMADE LEMONADE — **38 AED**

Lemon juice and mint with or without sparkling water.

NATURE'S ELECTROLYTES — **38 AED**

Watermelon, lemon and himalayan salt.

IMMUNE BOOSTING — **38 AED**

Orange: turmeric powder, cayenne, cinnamon, fresh ginger, lemon and raw honey.
Beetroot: turmeric powder, cayenne, fresh ginger, orange, black pepper and lemon.

CARROT-SEA — **38 AED**

Carrot, orange and ginger.

COCONUT WATER INFUSION — **32 AED**

Coconut water infused with berries.

THE DETOX CLEANSE — **42 AED**

Ginger, turmeric, apple, celery, cinnamon, pineapple, arugula, kale and spinach.

MANGO COLADA — **42 AED**

Mango, berries, lime and fresh ginger.

HYPERTENSION HERO — **38 AED**

Celery, beetroot, parsely, spinach, apple and pineapple.

DRINK YOUR GREENS — **42 AED**

Broccoli, pineapple, apple, kale, spinach, lemon and cucumber.

PINA COLADA — **45 AED**

A fresh pineapple filled with pineapple juice and coconut cream.

MOJITO — **38 AED**

Strawberry
Passion Fruit
Blueberry

HOMEMADE ICED TEA — **36 AED**

Orange with Black Tea
Hibiscus, Cinnamon & Rose Water
Mango

ASK FOR OUR HEALTHY SHOTS!

THE DETOX CLEANSE



HOMEMADE LEMONADE

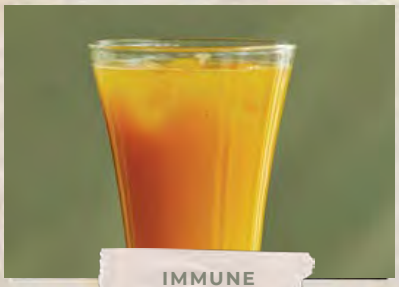


COCONUT WATER INFUSION



NATURE'S ELECTROLYTE



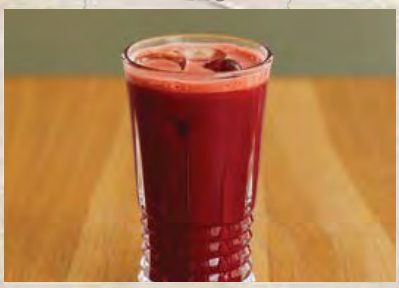


IMMUNE BOOSTING

MANGO COLADA



HYPERTENSION HERO





DRINK YOUR GREENS

PINA COLADA



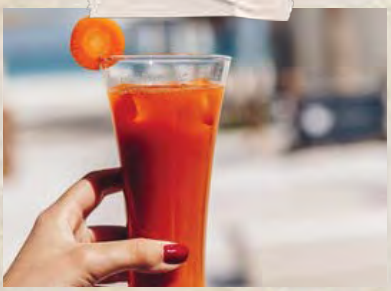
MOJITO





HOMEMADE ICED TEA

CARROT SEA



nourishing juices

Warm Sippers

All our warm drinks can also be served cold.
Enjoy our plant-based mylks: homemade almond, homemade cashew, homemade coconut, oat and soy.

CAPUCCINO	**28 AED**
DAIRY-FREE LATTE	**28 AED**
AMERICANO	**21 AED**
ESPRESSO SINGLE	**18 AED**
ESPRESSO DOUBLE	**21 AED**
FLAT WHITE	**28 AED**
CORTADO	**23 AED**
LEBANESE COFFEE	**28 AED**
COLD BREW	**38 AED**
V60	**36 AED**
MATCHA LATTE	**36 AED**
CARAMEL LATTE Using our homemade refined sugar-free caramel.	**28 AED**
BEETROOT LATTE	**36 AED**
CHAI KARAK LATTE	**36 AED**
TURMERIC LATTE	**36 AED**
SOOTHING HOT CHOCOLATE	**36 AED**
ORGANIC LOOSE TEA LEAF	**28 AED**

- Hibiscus
- White Tea
- English Breakfast
- Jasmine Bloom
- Ginger Lemongrass
- Early Grey
- Peppermint
- Green Tea
- Camomille
- Rooibos
- Calming Tulsi

DAIRY FREE LATTE



V60



AMERICANO



MATCHA LATTE





CHAI KARAK LATTE

SOOTHING HOT CHOCOLATE



Warm Sippers

boost your drink

Add a little boost to your drink to make it even more nutritious, your body will thank you!

MCT OIL — **15 AED**

Supports improved cognitive function.

MATCHA — **15 AED**

A source of energy and disease fighting antioxidants.

PROTEIN POWDER — **10 AED**

Protein supports every part of the human body.

COLLAGEN POWDER — **15 AED**

Collagen powders contain amino acids, which are needed for everyday body functions.

SPIRULINA — **15 AED**

A superfood with many healthy benefits, from detoxification to energy boosting, to disease prevention.

HEALTHY MUSHROOM POWDER — **15 AED**

A blend of healthy mushrooms and adaptogens.

HOMEMADE NUT BUTTER — **8 AED**

We prepare our own almond and peanut butter and our own version of the Nutella, Alkatella.

MORINGA POWDER — **15 AED**

Powerful antioxidant helps with inflammation & metabolism.

MACA POWDER — **15 AED**

Source of energy.

WHEATGRASS POWDER — **15 AED**

Make your drink more nutrient dense.

hydrating water

HOMEMADE SPARKLING WATER — **16 AED**

LOCAL SMALL WATER (330 ML) — **8 AED**

LOCAL LARGE WATER (750 ML) — **16 AED**

LOCAL SPARKLING WATER (330 ML) — **16 AED**

LARGE SPARKLING WATER (750ML) — **25 AED**

KOMBUCHA — **32 AED**



HOMEMADE
SPARKLING WATER

hydrating water

take me home

Enjoy Alkalime's homemade goods in the comfort of your home. Each product is made by hand, crafted to perfection and ready to be used. When your dish arrives to your table, or you take one of our products home, know that each delicate part of its recipe and packaging is socially responsible, eco-friendly, supportive of regional farmers and empowering of women.

home made

ALKA-TCHUP	50 AED
ALKA-MAYO	50 AED
VEGAN STOCK BOUILLON	60 AED
CHICKEN STOCK BOUILLON	65 AED
SIGNATURE SUNDRIED TOMATOHINI	60 AED
MUHAMMARA DIP	65 AED
VEGAN LABNEH	65 AED
BERRY COMPOTE	65 AED
ALMOND MYLK 33 CL	35 AED
ALMOND BUTTER	50 AED
PEANUT BUTTER	50 AED
ALKATELLA	60 AED
LOTUS SPREAD	50 AED
GRANOLA	65 AED
CHIPS	45 AED
FERMENTS	45 AED
POMEGRANATE MOLASSES | 200 ML	65 AED
BONE BROTH BAG (BEEF OR VEGAN) | 550 ML	65 AED
NATURAL HAND SOAP	55 AED



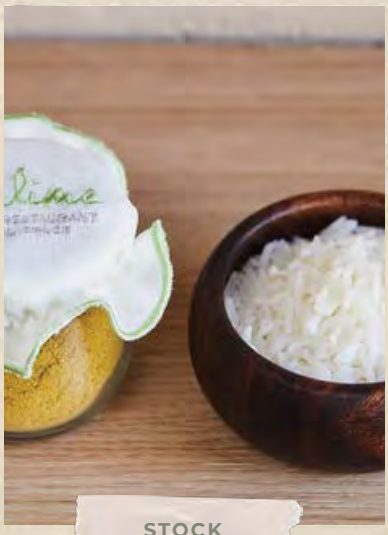
home made



ALKATCHUP

WRAP





STOCK

CHIPS



NUT
BUTTER





NATURAL
HAND SOAP



ALKA-MAYO



ALMOND
MYLK



GRANOLA

take me home

A NOTE ON CALORIES

Please note that not all calories are equal. At Alkalime we prioritize nutritional value over calorie counting. A kcal from an avocado is not the same as a kcal from a slice of chocolate cake.

NUTRITION & MACROS GUIDE

Approximate values per serving, calculated fresh from our kitchen — energy in kilocalories, everything else in grams.

DISH	KCAL	PROT	CARB	FAT	METS
ACAI POWER BOWL	472	8.7	68.8	17.2	8.3
ALKA TROPICAL BOWL	457	6.4	92.5	14.5	2.9
ALKURITTO WRAP	536	17.6	93.4	22.5	7.6
ALMOND CRUSTED CHICKEN	592	32.7	76.5	16.1	10.5
APPLE CRUMBLE	487	3.0	97.9	28.2	4.7
ARABIC BREAKFAST	1892	56.0	102.6	103.5	176.8
AVOCADO TOAST	472	8.3	40.8	33.6	17.3
BEAN THERE BURGER	714	18.0	106.0	26.2	10.0
BEEF BROTH	271	1.9	3.2	25.6	1.2
EGGS BENEDICT	704	30.2	46.0	43.6	43.5
BLUSHING SALMON BOWL	670	54.0	35.9	37.0	38.8
CAESAR SALAD	328	6.2	11	29.3	9.6
CAULIFLOWER PIZZA	345	8.9	72.9	13.6	8.5
CHEESECAKE	457	8.1	43.1	30.1	38.8
PECAN PUMPKIN PIE	227	3.5	31.0	10.5	28.4
CHIA PAPAYA BOWL	391	17.8	42.9	17.0	10.5
CHIPS AND DIPS	546	17.8	47.1	36.2	31.7
DONUT	186	2.8	29.5	7.8	27.2
DYNAMITE SHRIMP	738	41.5	59.1	36.0	40.9
EAT YOUR GREENS OMLETTE	432	38.5	7.0	26.3	9.8
FALAFEL PLATE	868	32.9	140.2	23.9	109.8
FILLING PHILLY	611	17.1	41.3	44.9	37.1
FRUIT SALAD	189	1.9	45.8	0.5	46.1
GOOD PANCAKE	587	15.2	68.4	29.8	59.8
GUACAMOLE SWEET POTATO	447	5.2	48.4	27.9	15.9
IMMUNITY SOUP	181	14.9	10.8	9.4	6.0
KEEP CALM CHICKEN CURRY	343	33.0	11.0	18.5	7.8
KIDS BURGER	633	27.9	33.9	44.1	8.0
KIDS NOODLES	457	13.9	65.5	16.6	5.9
KIDS NUGGETS	519	29.1	45.0	28.3	8.9
KIDS PASTA	317	4.3	28.0	9.1	27.0
KIDS PIZZA	304	6.4	38.4	3.3	36.8
MANAKEESH ZAATAR	527	14.3	102.2	8.7	10.7
MINDFUL WAFFLE	590	10.1	48.7	40.9	42.6
MUHAMMARA CHICKEN WRAP	728	31.6	87.1	28.5	12.8
NO REGRET CAKE	309	6.9	47.9	11.1	44.0
OODLES NOODLE BOWL	653	21.9	93.1	26.0	12.1
PASTA	270	8.6	48.0	4.8	45.9
PUMPKIN SOUP	146	1.8	18.0	7.9	14.5
QUINOA TABBOUSEH	277	4.7	21.2	19.8	16.1
HUEVOS RANCHEROS	292	13.4	9.2	21.0	7.0
REAL BURGER	809	38.5	58.8	51.3	5.6
RED LENTIL SOUP	213	10.5	24.8	8.6	15.2
SALMON TAHINI SALAD	328	29.8	8.1	20.9	5.4
SHARE THE LOVE	1034	35.1	126.4	41.9	87.0
SHAWARMA	542	20.8	66.1	22.5	55.5
ALKALIME SMOOTHIE BOWL	334	5.9	61.1	15.0	48.9

DISH	KCAL	PROT	CARB	FAT	METS
SPECTACULAR WRAP	388	4.8	30.6	40.7	31.6
STEAK TO YOUR DIET	1047	53.6	7.3	90.5	60.4
STEAMED VEGGIES	41	2.3	5.9	0.3	3.5
SUMMERICIOUS SALAD	450	7.2	33.0	31.9	14.0
CHICKEN AVO SALAD	697	31.7	25.7	56.2	31.5
THE SCRAMBLED CROISSANT	486	15.6	15.4	39.6	29.9
TIRAMISU	708	14.2	64.4	60.9	66.4
VEGAN BROTH	86	2.1	15.8	2.6	1.6
WHAT'S YOUR BEEF	343	27.5	36.0	10.3	30.2
WAKE ME UP	263	9.1	27.3	10.0	34.0
RECHARGE	419	5.2	37.1	26.6	33.1
WATERMELON JUICE	90	1.8	22.6	0.5	21.9
PINEAPPLE JUICE	178	1.2	42.6	0.4	41.9
PURPLE LEMONADE	139	0.8	30.8	0.5	29.5
PINA COLADA	441	2.6	82.3	13.2	80.7
ORANGE JUICE	198	3.7	43.0	1.3	40.0
MANGO	222	1.6	50.7	1.3	48.8
MANGO COLADA	168	1.4	42.2	0.2	42.3
NATURE'S ELECTROLYTES	87	0.0	34.7	0.6	27.4
LEMONADE	121	0.6	33.5	0.2	22.5
IMMUNE BOOSTING OJ	159	2.5	39.5	0.8	33.6
ICED MATCHA SMOOTHIE	181	3.4	37.2	3.1	30.9
ICED CREAM LATTE	194	4.9	21.4	9.6	9.0
HYPERTENSION HERO	148	2.6	30.9	1.9	27.9
GOLDEN PASSION	129	2.2	29.1	2.7	22.1
GOOD FOR YOU	239	1.5	29.8	12.4	34.1
FROZEN YOGHURT SMOOTHIE	488	8.9	46.2	31.4	27.9
DRINK YOUR GREENS	133	3.9	20.8	1.8	24.0
DETOX CLEANSE	150	2.9	15.2	7.2	27.9
COCONUT WATER REFRESHER	73	1.2	15.3	0.7	11.3
DETOX SMOOTHIE	154	2.6	29.5	2.6	35.6
CELERY JUICE	46	2.3	5.8	0.6	4.5
CARROT SEA JUICE	183	2.1	39.3	0.4	20.2
CARROT JUICE	132	3.1	30.8	0.5	19.0
APPLE JUICE	163	0.3	37.6	0.9	37.6
BOUNTY SMOOTHIE	356	7.1	44.2	17.8	36.4
BEET BOOSTING JUICE	148	2.8	32.9	1.2	19.8
ALKALIME SMOOTHIE	272	4.4	33.1	13.8	29.0
BUTTERLESS CHICKEN WITH CAULI RICE	492	32.6	9.5	33.3	8.3
FRENCH TOAST	520	14.0	70.5	20.0	71.2
KIDS PANCAKE	356	7.4	58.1	9.1	63.9
KOREAN POPCORN CHICKEN	902	30.4	81.1	11.2	7.0
QUINOA SUPER SALAD	348	13.4	40.6	15.8	9.3
BASS IN GREEN WATERS	342	49.7	20.3	8.4	29.3
BREAD TO PICKLE	883	9.0	89.6	24.8	10.9
THE GREEN SOUP	89	2.8	12.4	0.9	1.5
LENTIL SALAD	447	26.9	64.2	8.9	4.1

with love, alkaline kitchen



alkalime

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