



# THE GRILL

HEALTHY STARTS HERE

- Open Daily

## STARTERS

**SPINACH AND ARTICHOKE DIP - 11.00**  
spinach, artichokes, cream cheese, grilled sourdough

**EBC CHICKEN QUESADILLA - 10.00**  
spicy chicken, chihuahua cheese, flour tortillas, salsa, guacamole

**CRAB CAKE\* - 18.00**  
jumbo lump crab, caper remoulade, lemon

**SPICY BONELESS CHICKEN BITES - 10.00**  
crispy chicken, buffalo sauce, celery, bleu cheese

## SOUPS

TURKEY CHILI	red onions, cheddar cheese .....	4.00 • 6.00
CHICKEN NOODLE SOUP	rotisserie chicken, carrots, celery, noodles.....	4.00 • 6.00
CHICKEN MATZO BALL SOUP	rotisserie chicken, celery, carrots.....	5.00 • 7.00
SEASONAL SOUP	.....	4.00 • 6.00

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<b>KOREAN BEEF BOWL*</b>	.....	20.00
new york strip steak, soy, garlic, ginger, cabbage, cilantro, scallions, roasted sweet potato, sesame seeds		
<b>CAJUN SHRIMP BOWL</b>	.....	18.00
blackened shrimp, roasted corn, brown rice, pico de gallo, pickled red onions		
<b>SUPERFOOD BOWL</b>	.....	15.00
grilled chicken breast, roasted sweet potato, kale slaw, quinoa, dried cranberries, sliced almonds, ginger lime vinaigrette		
<b>SALMON POKE BOWL*</b>	.....	16.00
raw bakkafrost salmon, sesame, soy, scallions, brown rice, cucumber, edamame, pickled carrot, daikon radish, avocado		

SUB SALMON 5.00 • SUB STEAK 6.00 • SUB SHRIMP 4.00

## SALADS

**MEDITERRANEAN SALAD-11.00**  
garbanzo beans, cucumbers, tomatoes, red onions,  
kalamata olives, parsley, oregano vinaigrette

**BLACKENED CHICKEN FIESTA SALAD-14.00**  
romaine lettuce, arcadian mix, avocado, roasted corn, pico de gallo,  
chihuahua cheese, cilantro lime dressing

**COBB SALAD\* ☺ -15.00**  
romaine lettuce, grilled chicken breast, bacon, tomatoes, avocado,  
bleu cheese, boiled egg, red wine vinaigrette

**BEET SALAD-11.00**  
red and golden beets, goat cheese, pepitas, arugula,  
lemon honey dressing

**CHICKEN CAESAR-14.00**  
romaine lettuce, cherry tomatoes, garlic crouton, parmesan,  
caesar dressing

**THAI CHICKEN-14.00**  
kale, napa cabbage, red bell peppers, pickled veggies, scallions,  
cilantro, sesame seeds, almond dressing

ADD CHICKEN 5.00 • ADD SHRIMP 8.00 • ADD SALMON 12.00 • ADD STEAK 13.00

## SANDWICHES

served with choice of french fries, sweet potato fries, side salad or fruit cup

<b>GRILLED CHEESE</b>	.....	10.00
sharp cheddar spread, american cheese, sourdough bread		
<b>ROTISSERIE CHICKEN DIP</b>	.....	14.00
pulled chicken, gruyère, caramelized onions, arugula pesto, chicken jus		
<b>TUNA SALAD SANDWICH</b>	.....	12.00
tuna salad, sliced tomato, radish sprouts, dill pickles, 9-grain toast		
<b>TURKEY AVOCADO CLUB</b>	.....	14.00
house roasted turkey, crispy bacon, avocado, tomato, lettuce, mayo, 9-grain toast		
<b>LOBSTER ROLL</b>	.....	23.00
clarified butter, old bay, mayo, lemon juice		
<b>LEMON CHICKEN SKEWER</b>	.....	14.00
grilled lemon garlic chicken, lettuce, tomato, tzatziki, naan		
<b>CALIFORNIA CHICKEN SANDWICH</b>	.....	14.00
grilled chicken breast, cheddar cheese, bacon, avocado, bbq ranch mayo, lettuce, tomato, onion, brioche bun		
<b>AVOCADO BLT</b>	.....	12.00
applewood smoked bacon, avocado, lettuce, tomato, mayo, 9-grain toast		

# BURGERS

served with choice of french fries, sweet potato fries, side salad, or fruit cup

<b>BLACKENED BURGER*</b>	.....	16.00
blackening spice, jack cheese, avocado, pico de gallo, brioche bun		
<b>BURGER*</b>	.....	14.00
lettuce, tomato, onion, pickle, brioche bun		
<b>IMPOSSIBLE BURGER</b>	.....	15.00
lettuce, tomato, onion, pickle, brioche bun		
<b>TURKEY BURGER</b>	.....	12.00
lettuce, tomato, onion, pickle, brioche bun		

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2 Sides

<b>STRIPED SEA BASS</b>	.....	21.00
mushroom, bread crumbs, truffle oil		
<b>GRILLED NY STEAK*</b>	.....	20.00
grilled new york, salsa verde		
<b>SEARED CHICKEN BREAST</b>	.....	18.00
chicken breast, garlic, sumac		
<b>BAKKAFROST SALMON*</b>	.....	20.00
pan seared, tartar sauce, lemon		

# EBC CLASSICS

<b>CHICKEN FAJITAS</b>	.....	16.00
chicken breast, charred onions and peppers, flour tortillas, guacamole, pico de gallo, spanish rice		
<b>SPAGHETTI AND MEATBALLS</b>	.....	15.00
turkey meatballs, tomato basil sauce, parmesan, grilled sourdough bread		

# SIDES

<b>GREEN BEAN ALMONDINE</b>	.....	5.00
STEAMED BROCCOLI	.....	4.00
GRILLED ASPARAGUS	.....	5.00
ROASTED BRUSSELS SPROUTS	.....	5.00
<b>POTATO AU GRATIN</b>	.....	5.00
BAKED SWEET POTATO	.....	4.00
FRENCH FRIES	.....	4.00
SWEET POTATO FRIES	.....	4.00
<b>CHILLED CURRY COUSCOUS</b>	.....	5.00
SIDE SALAD	.....	4.00
FRESH FRUIT CUP	.....	4.00
CHOCOLATE CHIP COOKIE	.....	4.00

# BEVERAGES

<b>SOFT DRINKS</b>	.....	3.00
COKE   DIET COKE (can)	.....	2.75
SAN PELLEGRINO	.....	3.00
BOTTLED WATER	.....	2.75
GATORADE	.....	3.00
FRESH JUICE (orange or grapefruit)	.....	5.00
FRESH LEMONADE	.....	3.50
JUICE (apple, pineapple, cranberry, tomato, V-8)	.....	4.50
TEA (iced or hot)	.....	2.75
<b>HOT CHOCOLATE</b>	.....	2.00
BOTTOMLESS COFFEE	.....	2.95
CAPPUCCINO	.....	3.50
ESPRESSO	.....	3.25
CAFÉ LATTE	.....	3.50
COLD BREW COFFEE (bottled)	.....	4.50
MILK (fat-free or 2%)	.....	2.75
SOY MILK & ALMOND MILK	.....	2.75

# FROM THE BAR

## DRAUGHT

<b>BLUE MOON</b>	.....	8.00
LAGUNITAS INDIA PALE ALE	.....	8.00
HALF ACRE, DAISY CUTTER	.....	7.00
SEASONAL DRAUGHT	.....	7.00

## BOTTLED

CORONA	.....	7.00
BUDWEISER ZERO	.....	7.00
MICHELOB ULTRA	.....	8.00
TRULY HARD SELTZER	.....	7.00
STELLA ARTOIS CIDER	.....	8.00

## WINE

<b>CANARD-DUCHENE BRUT CHAMPAGNE</b>	.....	18.00 • 36.00
TENUTA SANT'ANNA PROSECCO	.....	11.00 • 44.00
CRAGGY RANGE SAUVIGNON BLANC	.....	11.00 • 44.00
SCARPETTA PINOT GRIGIO	.....	10.00 • 40.00
DECoy CHARDONNAY	.....	13.00 • 52.00
DOURTHE 'LA GRANDE CUVEE' ROSE	.....	12.00 • 48.00
ROUTE STOCK PINOT NOIR	.....	15.00 • 60.00
ALTA VISTA MALBEC	.....	12.00 • 48.00
OBERON CABERNET SAUVIGNON	.....	13.00 • 52.00

VEGAN GLUTEN FREE

\* Items cooked to order. Consuming raw or undercooked animal products may increase your risk of food borne illness.